# Quality Provider Program — Endocrinology

## Working Your Open Gaps List: Osteoporosis — Management of Women with a Fracture

## Instructions

#### STEP1

Create a current gaps-in-care list:

- Open the "Gap\_List" tab on the Quality Provider Program Dashbord:
  QPP Report Hub.
- 2. Apply these filters:
  - Super clinic: Choose your clinic.
  - Measure: Click on "Osteoporosis: Management"
  - Status: Unclick the Compliant box. This will filter for only the achievable and/or non-compliant members.

In the dropdown menu on the top right side of the page, change the view from **Member** to **Download.** 

Follow the instructions on the screen to export the data to Excel.

(Refer to Report Hub Instructions: Basic User.)

#### STEP 2

Format your Excel export.

(Refer to Formatting a Gaps List in Excel.)

### STEP 3

Review "Tips for Working your Gaps-in-Care List" (beginning on page 2).

**NOTE:** Examples used in this document are for instructional purposes only; the dates that appear are only representative of what a user might see.

### Measure Information

According to the Endocrine Society, 1 in 2 postmenopausal women will have an osteoporotic fracture in her lifetime.¹ Those who sustained a fracture are at high risk of subsequent fractures. Osteoporotic fractures, particularly hip fractures, are associated with chronic pain and disability, loss of independence, decreased quality of life, and increased mortality. Appropriate screening and treatment can reduce the risk of osteoporosis-related fractures and improve health outcomes.²

#### For this measure:

- The date of fracture is the measurement start date.
- The measurement end date is 180 days after fracture.

Your gaps in care list has the measurement start date noted in the **Qualified Date** and **Status Detail** columns, and the measurement end date is noted in the **Achievable Date** and **Measure Instructions** column.



Any screening or treatment completed **AFTER** the measurement end date will **NOT** count as compliance for this measure.

Tips for Working Your Gaps-in-Care List begin on page 2...



## Osteoporosis — Management of Women with a Fracture, Continued

## Tips for Working Your Gaps in Care List

- 1. If your team hasn't already done so, please implement these best practices:
  - Create a bone health assessment, treatment and fracture management workflow for post-menopausal women.
  - Designate staff to pull the open gaps list from the Quality Provider Program Report Hub monthly at a minimum.
- 2. Sort the list using Achievable Date column and the oldest to newest sorting option. (For details on how to sort, please refer back to the QPP Formatting a Gaps in List in Excel). This will sort the list by those whose measurement end period ends first.
- 3. Follow your post-menopausal fracture management workflow. This may include:
  - Setting an alert or note in the member's electronic health record for the provider regarding the fracture and the need for follow-up care.
  - Once the provider responds with screening or treatment orders, ensure follow-up care with the member is scheduled and completed within 180 days of fracture (measurement end date).
- **4. Corrections.** There are no corrections for this measure. The only way for a patient to be compliant in this measure is a claim for a bone mineral density test or a dispensed and administered prescription for treatment.

#### **References:**

- 1. Estell R, Rosen CJ, Black DM, Cheung AM, Murad MH, Shoback D. Pharmacological mangement of osteoporosis in postmenopausal women: An Endocrine Society clinical practice guideline, *JECM*. 2020; 105(3):587-594.
- 2. U.S. Preventive Services Task Force. Final Recommendation Statement: Osteoporosis to Prevent Fractures: Screening. USPSTF Website. January 14, 2025.. <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening</a>. Accessed July 9, 20205.

