

# Quality Provider Program — Endocrinology

## Working Your Open Gaps List: Osteoporosis — Screening in Older Women

### Instructions

#### STEP 1

Create a current gaps-in-care list:

1. Open the “Gap\_List” tab on the “Quality Provider Program Dashboard:  
[QPP Report Hub](#).
2. Apply these filters:
  - **Super clinic:** Choose your clinic.
  - **Measure:** Click on “Osteoporosis: Screening”
  - **Status:** Unclick the Compliant box. This will filter for only the achievable and/or non-compliant members.

In the dropdown menu on the top right side of the page, change the view from **Member** to **Download**.

Follow the instructions on the screen to export the data to Excel.

(Refer to [Report Hub Instructions: Basic User](#).)

#### STEP 2

Format your Excel export.

(Refer to [Formatting a Gaps List in Excel](#).)

#### STEP 3

Review “Tips for Working your Gaps-in-Care List” (beginning on [page 2](#)).

**NOTE:** Examples used in this document are for instructional purposes only; the dates that appear are only representative of what a user might see.

### Measure Information

Osteoporosis is a skeletal disorder that leads to decreased bone mass and increased bone fragility and fracture risk. Osteoporotic fractures, particularly hip fractures, are associated with chronic pain and disability, loss of independence, decreased quality of life, and increased mortality. Several organizations have put forth osteoporosis and fracture risk screening guidelines that vary based on age, sex, menopausal status, and other characteristics. The U.S. Preventive Services Task Force (USPSTF) concludes, with moderate certainty, that screening for osteoporosis in women 65 years and older has a moderate net benefit in preventing osteoporotic fractures.<sup>1</sup>

For this measure:

- The measurement start date is the member’s 65th birthday.
- The measurement end date is the end of the year.

Your gaps-in-care list has:

- The measurement start date noted in the **Qualified Date** column

Measure	Qualified Date	Compliance Date	Status	Numerator Value	Status Detail	Achievable Date	Measure Instructions
Osteoporosis Screening (OSW)	11/11/2019		Achievable		To be completed	12/31/2025	Member needs osteoporosis screening test before 12/31/25
Osteoporosis Screening (OSW)	7/7/2023		Achievable		To be completed	12/31/2025	Member needs osteoporosis screening test before 12/31/25
Osteoporosis Screening (OSW)	10/24/2017		Achievable		To be completed	12/31/2025	Member needs osteoporosis screening test before 12/31/25

- The measurement end date noted in the **Achievable Date** and **Measure Instructions** columns

*Tips for Working Your Gaps-in-Care List begin on page 2...*

# Osteoporosis — Screening in Older Women, Continued

## Tips for Working Your Gaps in Care List

### 1. If your team hasn't already done so, please implement these best practices:

- Create a bone health assessment, treatment and fracture management workflow for post-menopausal women.
- Designate staff to pull the open gaps list from the Quality Provider Program Report Hub monthly at a minimum.

### 2. Follow your bone health assessment workflow. This may include:

- Entering a notation on member's electronic health record stating patient is due for a bone health assessment.
- Considering implementing standing orders for bone mineral density (BMD) testing for women starting at 65 years of age, and every two years thereafter.
- Scheduling a well-woman exam with the member. The provider should educate on the importance of osteoporosis screening and order the BMD. As part of this exam, they should review falls history and prevention, the benefits of weight bearing exercises, and how to modify risk factors.
- Establishing a plan to follow up with members where BMD was ordered but results haven't been received.

### 3. Corrections. There are no corrections for this measure. The only way for a patient to be compliant in this measure is a claim for bone mineral density test.

## Reference:

1. U.S. Preventive Services Task Force. *Final Recommendation Statement: Osteoporosis to Prevent Fractures: Screening*. USPSTF Website. January 14, 2025.. <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening>. Accessed July 9, 20205.