

Select Health Quality Provider Program

OSTEOPOROSIS: SCREENING OF OLDER WOMEN

2026 Quality Measure Reference Guide



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Related Quick Links

- [Intermountain's Bone Health Care Process Model](#)
- [Endocrinology Quick Guide](#)
- [Report Hub Instructions: Basic User](#)
- [Formatting a Gaps List in Excel](#)
- [Demographic Allowable Corrections](#)



This measure is included in the Endocrinology Quality Provider Program.

Measure Description

Description	The percentage of women ages 65–75 on Select Health Medicare who received osteoporosis screening (see the Osteoporosis Screening Tests table below)
Denominator	Women ages 66–75 who have not received osteoporosis therapy or osteoporosis medication
Numerator	Members in the denominator who received one or more osteoporosis screening tests on or between the members' 65th birthday and December 31 of the measurement year
Intake and Measurement Periods	January 1 through December 31 of the measurement year

Osteoporosis Screening Tests

CPT Code	Definition
76977	Ultrasound bone density measurement and interpretation, peripheral site(s), any method
77078	Computed tomography (CT) bone mineral density study of the axial skeleton
77080	Dual-energy X-ray absorptiometry (DXA) bone density study of the axial skeleton
77081	DXA of the appendicular skeleton, such as the wrist, heel, or radius
77085	DXA of the axial skeleton, including a vertebral fracture assessment

Allowable Corrections

There are no allowable corrections for this measure. To meet compliance for this measure, the patient requires a documented claim for a bone mineral density test.

[Access guidance for general corrections to demographics.](#)

Frequently Asked Questions

Q: Why does this measure matter?

A: Osteoporosis is characterized by low bone mass, which leads to bone fragility and increased susceptibility to fractures of the hip, spine, and wrist. Osteoporotic fractures, particularly hip fractures, are associated with chronic pain and disability, loss of independence, decreased quality of life, and increased mortality. Appropriate screening and treatment can reduce the risk of osteoporosis-related fractures.¹

Q: What is Select Health doing to help?

A: Select Health assisted in the development of Intermountain's *Bone Health Care Process Model*. Other interventions are still under evaluation.

Q: What are best practices for this measure?

A: Best practices for this measure include:

- Screening female patients starting at age 65, and every 2 years thereafter, to reduce the risk of osteoporosis. Providers should remind patients that:
 - Regular bone mineral density (BMD) testing is important for monitoring bone loss over time.
 - Select Health will pay for BMD testing every 24 months.
- Reviewing BMD results and prescribing osteoporosis treatment when appropriate.
- Discussing fall prevention annually, focusing on:
 - Asking about problems with balance or walking and evaluating the need for an assistive device (e.g., cane, walker) if problems exist
 - Suggesting an exercise or balance program
 - Asking if your patient has fallen in the past 12 months, and if so, what led to the fall
 - Discussing trip hazards (e.g., loose carpets, poor lighting, uneven flooring, and cluttered walkways)
 - Emphasizing prevention measures (e.g., using night lights, wearing supportive shoes with grip or no-slip socks, the benefits of installing grab bars, etc.)
 - Reviewing medications to identify possible side effects or interactions that can increase risk
 - Encouraging annual vision and hearing checks
- Discussing calcium and vitamin D supplements, weight bearing exercises, and modifying risk factors.
- Reminding patients to always tell their primary care or endocrinology provider about a fracture, even if they have received treatment for it elsewhere.
- Using the Bone Health & Osteoporosis Foundation provider tool kit: [Your Path to Good Bone Health](#).

Reference:

¹ National Council for Quality Assurance (NCQA). *Osteoporosis Management in Women Who Had A Fracture (OMW)*. NCQA.org. 2025. <https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/osteoporosis-management-in-women-who-had-a-fracture-omw/>
Accessed December 19, 2025.

Working Your Open Gaps List

STEP 1
<p>Create a current gaps-in-care list:</p> <ol style="list-style-type: none"> 1. Open your Gaps-in-Care-for-Download report: QPP Report Hub 2. Apply these filters: <ul style="list-style-type: none"> — Super clinic: Choose your clinic. — Measure: Click on “Osteoporosis: Screening.” — Status: Unclick the “Compliant” box. This will filter for only the achievable members. 3. In the drop-down menu on the top right side of the page, change the view from “Member” to “Download.” 4. Follow the instructions on the screen to export the data to Excel. <p>Refer to Report Hub Instructions: Basic User.</p>
STEP 2
<p>Format your Excel export. (Refer to Formatting a Gaps List in Excel.)</p>
STEP 3
<p>Review tips for working your gaps-in-care list (see page 6).</p>

Measure Information

Osteoporosis is a skeletal disorder that leads to decreased bone mass and increased bone fragility and fracture risk. Osteoporotic fractures, particularly hip fractures, are associated with chronic pain and disability, loss of independence, decreased quality of life, and increased mortality. Several organizations have put forth osteoporosis and fracture risk screening guidelines that vary based on age, sex, menopausal status, and other characteristics. The U.S. Preventive Services Task Force (USPSTF) concludes, with moderate certainty, that screening for osteoporosis in women 65 years and older has a moderate net benefit in preventing osteoporotic fractures.¹

NOTE: Examples used in this document are for instructional purposes only; the dates that appear are only representative of what a user might see.

For this measure:

- The measurement start date is the member’s 65th birthday.
- The measurement end date is the end of the year.

Your gaps-in-care list has:

- **The measurement start date** noted in the Qualified Date column
- **The measurement end date** noted in the Achievable Date and Measure Instructions columns

Measure Name	Qualified Date	Status	Status Detail	Achievable Date	Measure Instructions
Osteoporosis Screening (OSW ENDO)	MM/DD/YYYY	Achievable	Member needs osteoporosis screening test before MM/DD/YYYY	MM/DD/YYYY	Member needs osteoporosis screening test before MM/DD/YYYY. Schedule screening.
Osteoporosis Screening (OSW ENDO)	MM/DD/YYYY	Achievable	Member needs osteoporosis screening test before MM/DD/YYYY	MM/DD/YYYY	Member needs osteoporosis screening test before MM/DD/YYYY. Schedule screening.

Working Your Open Gaps List, Continued

Tips for Working your Gaps-in-Care List

- 1. If your team hasn't already done so, please implement these best practices:**
 - Create a bone health assessment, treatment, and fracture management workflow for post-menopausal women.
 - Designate staff to pull the open gaps list from the [Quality Provider Program Report Hub](#) at least monthly.
- 2. Follow your bone health assessment workflow. This may include:**
 - Entering a notation on member's electronic health record (EHR) stating patient is due for a bone health assessment.
 - Considering implementing standing orders for bone mineral density (BMD) testing for women starting at 65 years of age, and every 2 years thereafter.
- 3. Corrections. There are no corrections for this measure.** To meet compliance for this measure, the patient requires either a documented claim for a bone mineral density test or confirmation of a dispensed or administered prescription for treatment.
 - Scheduling a well-woman exam with the member. The provider should educate on the importance of osteoporosis screening and order the BMD. As part of this exam, they should review falls history and prevention, the benefits of weight bearing exercises, and how to modify risk factors.
 - Establishing a plan to follow up with members where BMD was ordered but results haven't been received.

References:

- ¹ U.S. Preventive Services Task Force. *Final Recommendation Statement: Osteoporosis to Prevent Fractures: Screening*. USPSTF.org Website. January 14, 2025. <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/osteoporosis-screening>. Accessed December 19, 2025.

Questions about the Quality Provider Program?
Contact us at QualityProvider@selecthealth.org.